

1st Newsletter May, 2021

How everything started

The AIDA project was born from a need, a need that our partnership detected and that we do not see covered today. That's how AIDA started, five partners from four different countries (UK, Sweden, Greece and Spain) wanting to cover the need of an specific training for people who deal with elderly people with ID, making sure the people that help them through their aging period have had an specific training to cover their needs, that are different from the ones from elderly people without ID.

Why elderly people with ID?

Do you know that a person with Intellectual Disabilities is considered an elderly from the age of 45? Unlike people without intellectual disabilities, their aging begins earlier. Because of that, at the age of 30 they should start with activities to prevent aging, and with 45 they must be doing activities for active aging. The curriculum that will be implemented by this project will covered all the fields to ensure an active aging and a better life quality. Those areas will be, the biological one, the psychological, emphasizing third generation therapies and the social one, focused on the governance process.

Our meetings

Due to the actual situation, the partnerships haven't been able to meet in person, but have already held a couple meetings via Zoom. Most of the partners knew each other before hand, so that made really pleasant meetings, where everybody contributed with their ideas to carry out everything the best way. We talked about the questionnaires that need to be carry out in the first intellectual outputs, about dissemination, a classic in every meeting and many other things that you will be able to discovered soon.

Intellectual Outputs

1. Identification of the needs and characteristics of the elderly with ID
2. Curriculum design for VET
3. Design and launch of the online training for VET



Partners



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